

Your questions answered

What if I cannot attend ?

Let your case manager or programme staff know why you cannot attend.

What if I'm ill ?

Get a doctor's sick note (not a self-certificate) and give it to your case manager within five working days.

What if I find work or start a course ?

If you are attending a weekday programme, you will be transferred to an evening programme if possible.

What happens if I do not attend or participate in the programme, or miss any other appointment given to me by my case manager ?

You will need to give your case manager a reason for missing your appointment.

Two unacceptable missed appointments will result in you being returned to court.

**REMEMBER -
ALWAYS KEEP YOUR
CASE MANAGER INFORMED**

Integrated Domestic Abuse Programme

Equality & Diversity

You will be treated fairly and equally. You will be expected to behave just as fairly to other people. The service will not allow racist, sexist or other disrespectful behaviour from any person under probation supervision.

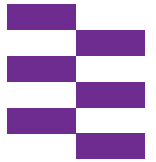
You can make a complaint if you feel you have been treated unfairly or unreasonably. You should talk about this with your supervising officer first, or their manager. If you are not satisfied with the response, then you can write to the Chief Officer at the address below:

West Mercia Probation Area
Stourbank House
90 Mill Street
Kidderminster
Worcs
DY11 6XA

Your Programme Staff are:

Your Case Manager is:

**West Mercia
Probation**



**NATIONAL
PROBATION
SERVICE**

WEST MERCIA



***Accredited
Programmes
For Offenders***

***Integrated
Domestic
Abuse
Programme
(IDAP)***

NOMS National Offender
Management Service
Working together to reduce re-offending

Integrated Domestic Abuse Programme

This leaflet tells you about the Integrated Domestic Violence Abuse Programme (IDAP), the rules you need to follow and how the Probation Service will help you complete the group.

Please read this leaflet and keep it in a safe place.

What is IDAP?

- It is a groupwork programme with additional individual sessions.
- It is made up of 27 two and a half-hour weekly sessions. You must attend at least one session per week.
- You must also attend an individual session every three weeks with your case manager.
- Before starting the groupwork programme you will need to sign a contract. You must accept that we will contact your victim(s) and any new partner at intervals, to ensure her safety and monitor your progress. You must accept that we will be in contact with the Police and Social Services.
- Before starting the groupwork programme you will have individual sessions with your case manager. One session will involve a pre-course assessment which we use to measure your progress. There will be

similar assessments made during and at the end of the groupwork programme.

What will happen on the programme?

Being on the groupwork programme involves attending a group led by two trained staff. There will be between four and 12 men with similar history of offending in the group. You will be expected to:

- Talk openly about your offence.
- Learn to understand your offence.
- Learn to understand the impact of your offending on your victim(s) and on children.
- Learn how to take personal responsibility for your offence.
- Learn non-abusive ways of relating to your partner.

Sessions will include discussions, role play, video clips and written exercises. All sessions are recorded on video for staff training purposes.

While on the programme you are expected to:

- Stop using any violent, aggressive or threatening behaviour to anyone.
- Complete all 27 sessions and other individual sessions with your case manager.
- Co-operate fully with programme staff, including the completion of homework.

- Avoid using alcohol or other drugs 24 hours before any group or individual sessions.

What happens if I break the rules?

If you:

- Miss a session or appointment (without an acceptable reason).
- Don't tell staff of a new address.
- Commit a further offence.
- Do not turn up on time.
- Do not take part in sessions.
- Behave disruptively in the group.
- Do not complete assignments.

We will return you to court where you will be sentenced for any breach; or re-sentenced for your original offence; or recalled on Prison Licence.

If you are not able to attend a session you must :

Contact your groupwork centre urgently and let your case manager know, giving them proof of any reason you give.

Your case manager will decide if your reason is acceptable.