

After completing the group work programme, their progress is reviewed. Men then undertake individual sessions with their case manager (probation officer) designed to build on and reinforce their learning on the programme and to help them to work on their action plan to stop behaving abusively in relationships.

### **Keeping yourself and your children safe**

If you are worried about your own, or your children's safety, you should contact the police immediately by dialling 999.

### **How we will keep in touch with you**

Your Women's Safety Worker will agree with you what is the best way for us to keep in touch.

### **She can let you know:**

- When he starts the programme,
- If he continues to attend,
- If he stops attending,
- When he finishes the programme.

Your (ex)partner does not have a choice about what information we are able to share with you. Although we will not disclose to your (ex)partner any information you have given, we will supply you with information about him if there are any issues concerning the safety and well being of you and your children. We would like to contact you at the mid-point of the man's programme to find out how things are going for you. We would also like to contact you when he has finished the group work programme and at a six month follow-up period to hear your views on how things have been going.

## ***Integrated Domestic Abuse Programme***

### **Let us know if you have any comments**

Please do not hesitate to contact us if you have any concerns or if there is something you would like to discuss further with us or tell us.

### **Equality & Diversity**

The West Mercia Probation Board recognises the probation service's duty to play a key role in promoting racial equality and valuing diversity in the wider criminal justice system.

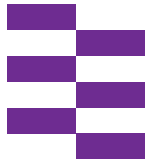
The Board will ensure that service practice supports and encourages the elimination of discrimination and the promotion of equal opportunities for all.

You can make a complaint if you feel you have been treated unfairly or unreasonably. Please write to the Chief Officer at the address below;

West Mercia Probation Area  
Stourbank House  
90 Mill Street  
Kidderminster  
DY11 6XA

Tel. 01562 748375

## **West Mercia Probation**



**NATIONAL  
PROBATION  
SERVICE**

**WEST MERCIA**

## ***Information For Victims***



# ***Integrated Domestic Abuse Programme (IDAP)***

**NOMS** National Offender Management Service  
Working together to reduce re-offending

# Integrated Domestic Abuse Programme

**Your (ex)partner has been referred to/sentenced to the men's Integrated Domestic Abuse Programme (IDAP). This programme is provided by the Probation Service. This leaflet tells you about the programme.**

**Please read this leaflet and keep it in a safe place.**

## What is IDAP?

- It provides known victims and current partners of men on IDAP with information, support and safety planning.
- It encourages participants to take responsibility for their abusive and violent behaviour in their relationships.
- It motivates participants to take specific positive steps to change their behaviour in their relationships.
- It encourages participants to learn how to use non-controlling behaviour strategies in their relationship in order to prevent future violence and abuse.

## Why are we contacting you?

The purpose of contact with victims and current partners is to:

- Provide you with information about the men's domestic violence programme, including what you can expect to happen. **It is important for you to know that he may not change.**
- Provide you with information about men's attendance on the programme.
- Contribute to promoting your safety by providing information about safety planning.
- Help you access local services for support, advice and assistance.

- Let you know any current or emerging risks posed by men attending the domestic violence programme.

We are also trying to find out if this way of working with men is effective in stopping their violence and abusive behaviour. We will ask you if you would like to contribute to the evaluation of the men's domestic violence programme by providing us with feedback.

**Any information you give us will not be disclosed to him.**

## Some information about IDAP

Men sentenced to IDAP are subject to a community order or a post custody licence. They are supervised by a probation officer/case manager, who is responsible for assessing and managing the risk men pose to the public and for enforcing their entire order or licence. If men do not comply with the requirements of the order or licence, they risk being taken back to court or recalled to prison.

When men start on the domestic violence programme they first have at least three pre-programme sessions with their case manager (probation officer) designed to prepare them for the programme and to motivate them to participate fully.

They then undertake a group work programme that normally lasts for between six and eight months.

There are 27 group work sessions. These are divided into nine modules of three sessions per module. After completing each module, men meet with their case managers to review their progress.

The modules address nine themes, namely:

- Non violence
- Non-Threatening Behaviour
- Respect
- Support and Trust
- Accountability and Honesty
- Sexual Respect
- Partnership
- Responsible Parenting
- Negotiation and Fairness

Each module follows a three session process which includes:

- Defining the theme and identifying beliefs and intents.
- Examining individual abusive behaviour and identifying and challenging beliefs and behaviour.
- Exploring and practising non-abusive and non-controlling behaviour (teaching skills and reinforcing attitude change).

Men can join at the beginning of each module (except Sexual Respect). Methods used on the group work programme include exploring the range of abusive behaviours that are involved in domestic violence and abuse. Men compare these to similar instances of their own behaviour. They are helped to see that their behaviour is intentional and carried out with the aim of exercising power and control. They are asked to think about the effects that their behaviour has had on women and on others, including children. They are then required to think about alternative ways to behave and are taught non-controlling behaviours. Men work to an agreed action plan for changing their behaviour. If they do not comply with the programme, they risk being taken back to court or recalled to prison.

(continued overleaf...)

# Information for Victims